RSORICHMOND


## Pre-K School Cunch Menv

May-June 2023

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 1 | May 22 | May 23 | May 24 | May 25 | May 26 |
| Meat, Meat Alt. \& Grain (Choose 1) | - Corn Dog | - Popcorn Chicken w/WG Biscuit | - Turkey Taco | - Macaroni \& Cheese | - Pizza |
| Vegetable <br> (Choose 1-2) | - Seasoned Green Beans | - Toss Salad w/Lettuce \& Tomato | - Black Beans | - Mixed Vegetables | - Seasoned Corn |
| Fruit (Choose 1) | - Frozen Peach Cup | - 100\% Fruit Juice | - Seasoned Fresh Fruit | - 100\% Fruit Juice | - Frozen Peach Cup |
| Week 2 | May 29 | May 30 | May 31 | June 1 | June 2 |
| Meat, Meat Alt. \& Grain (Choose 1) | Holiday <br> Memorial Day | - Pizza Dippers | - Chicken Patty on a Bun | - Hamburger on a Bun | - Pizza |
| Vegetable <br> (Choose 1-2) |  | - Carrot Sticks | - Baked Beans | - French Fries | - .Seasoned Corn |
| Fruit (Choose 1) |  | - 100\% Fruit Juice | - Seasonal Fresh Fruit | - 100\% Fruit Juice | - Fresh Peach Cup |
| Week 3 | June 5 | June 6 | June 7 | June 8 | JUne 9 |
| Meat, Meat Alt. \& Grain (Choose 1) | - Chicken Tenders w/Roll | Breakfast for Lunch <br> - Turkey Sausage <br> - French Toast Sticks | - Pizza | Chef's Choice | Chef's Choice |
| Vegetable <br> (Choose 1-2) | - Waffle Fries | - Seasoned Corn | - Steamed Broccoli | Chef's Choice | Chef's Choice |
| Fruit (Choose 1) | - Frozen Peach Cup | - 100\% Fruit Juice | - Seasonal Fresh Fruit | Chef's Choice | Chef's Choice |
| Milk (Choose 1 per meal) |  | LF White |  | USDA Nondiscrimination Statement: vaschoods net/students-families/meal-distribution |  |

